



95th Anniversary – Blessed to Bless Campaign Random Acts of Kindness

ACTS OF KINDNESS	
1.	Offer free babysitting to someone
2.	Clean up graffiti
3.	Donate used books to a library
4.	Give a care-package to the homeless
5.	Help someone with your services for free
6.	Give the elderly the gift of music
7.	Help someone whose car is broken down
8.	Hold the door open for someone
9.	Let someone go in line in front of you
10.	Make blankets for the homeless
11.	Mentor an At-risk child/teen
12.	Pay the tab for the person behind you
13.	Read to a child
14.	Read to the elderly
15.	Return a shopping cart
16.	Thank your police or fire fighter
17.	Write a letter to someone who made a difference in your life
18.	Study with a classmate
19.	Visit an animal shelter
20.	Pick up groceries for a neighbor/elder
21.	Give directions to someone who is lost
22.	Talk to an homeless person
23.	Pick up the trash
24.	Treat someone to fresh fruit
25.	Wash someone's car
26.	Leave a generous tip
27.	Rake your neighbor's yard
28.	Say Good-morning to someone you don't know
29.	Pay someone's toll
30.	Pick up your toys
31.	Mow a neighbor's lawn
32.	Send someone an e-card

33.	Transport someone who can't drive
34.	Welcome a new neighbor
35.	Bring your co-workers a special treat
36.	Adopt a soldier
37.	Play a sport with a child/teen
38.	Pay for someone's hair cut/hair appointment
39.	Be a friend who listens
40.	Be kind to someone you dislike
41.	Bring someone a souvenir
42.	Send or give someone flowers
43.	Call/visit a sick person
44.	Clean up your room
45.	Coach a youth sports team
46.	Collect canned food for a food bank
47.	Cook a meal for someone
48.	Donate \$1 to a cause
49.	Donate blood
50.	Donate used clothing
51.	Give someone tickets to an event or game
52.	Give out free popsicles
53.	Help someone load/unload their groceries
54.	Give someone a hug
55.	Introduce yourself to a new classmate/co-worker
56.	Thank your mail carrier
57.	Thank your bus/taxi driver
58.	Teach someone a language
59.	Share fresh produce from your garden with your neighbors
60.	Say something nice to someone
61.	Put gas in someone's car
62.	Give compliments
63.	Pat someone on the back for a good job
64.	Bake someone a cake/pie
65.	Share your snacks
66.	Help someone move
67.	Give someone a vacation
68.	Help a co-worker
69.	Complain Less
70.	Make someone laugh
71.	Share a music playlist with someone
72.	Visit someone who is alone
73.	Give someone a phone card
74.	Write a thank you card
75.	Make someone a special card
76.	Be polite on the road
77.	Forgive someone
78.	Thank the people who report to you or work for you

79.	Volunteer at a shelter
80.	Share a toy or a game
81.	Cheer on a team mate
82.	Tutor someone who needs help
83.	Obey your parents/teachers
84.	Smile at someone
85.	Carpool with others
86.	Give your seat to an elderly/pregnant lady
87.	Start a piggy bank with loose change for a cause
88.	Take out the trash for someone
89.	Lend someone a pen/pencil
90.	Take your teacher a treat
91.	Eat lunch with someone who is alone
92.	Help the teacher cleanup the class room
93.	Do a household chore for the seniors
94.	Send a care-package to a college student
95.	Bring in your neighbor's trash can
96.	Host an international student
97.	Sew someone's garment for free
98.	Volunteer at a food bank
99.	Be an organ donor
100.	Take someone to the movies
101.	Volunteer at a shelter/non-profit organization
102.	Pay for a stranger's ice-cream/ dessert
103.	Offer the handyman a drink of water/soda
104.	Give someone your parking spot
105.	Leave quarters at the Laundromat for the next user
106.	Say bless you when someone sneezes
107.	Help someone find a job
108.	Be nice to the sales clerk/cashier
109.	Help change someone's tire
110.	Invite someone to lunch/tea/dinner